Good afternoon parents and friends,

Our annual AGM for the P&C was held on Wednesday night and I am pleased to announce the team for 2015:

Mrs Kym Mundy - President
Mrs Edwina Woellner - Vice President
Ms Mel Pitt - Vice President
Mrs Vanessa Collits - Secretary
Rosalie Barnes - Treasurer

We have many opportunities this year, for you to be involved and to be part of a task team. For example Mother’s Day, Election Day, Art Festival or High Tea. Please read further details in our newsletter this week and we are looking forward to using our Skoolbag App, Website and a P&C newsletter too!

Thank you for coming to our Parent Information Nights, which were highly successful. A note went home this week with information for our Parent/Teacher interviews, it is as simple as going to www.schoolinterviews.com.au and entering the event code: EPWYJ and following the simple steps.

Our students have been given the opportunity this year to represent our schools in a variety of sporting areas. Netball, Softball, Rugby League and Tennis. Congratulations to all of our students who attended and were great ambassadors for Kenthurst. **Steven Mitchell** has excelled and will be representing our Ridges Region at State level for tennis. Further details are in our sports report.

The Ridges Swimming Carnival was held on Tuesday and once again the behaviour of our students was exemplary. Supportive cheering for all of our students, regardless of their placement, is so indicative of the Kenthurst spirit.
I received many compliments from grandparents, parents and teachers from other schools on the positive behaviour of KPS students. Well done!

Thank you Mrs Murphy and Mrs Parnaby for your organisation and support on the day.
Last Friday, Mr and Mrs John White visited our school to donate a barbeque. Thank you so much 😊
Mrs Sharon White is a grandmother of our school and is setting off on the Variety Club Charity drive from The Lodge in Canberra to The Lakes District. Students brought in a gold coin and $120.00 was raised for this worthy cause. We wish all of the drivers and navigators a safe and fabulous trip.

Yours, in quality education.

Caron Dodd
Caron Dodd
Principal
Easter Egg Raffle

The Student Representative Council (SRC) will be raffling Easter Egg baskets on Grandparents’ Day to help raise money for school resources.

We would like you to send in donations of Easter eggs to make up baskets for prizes.

We usually have about 10 each year.

Tickets for the prizes will be sold at school on Grandparents’ Day

Friday 2 April

SRC Representatives will visit the classrooms each morning to collect any donations.

WE NEED YOUR SUPPORT, SO PLEASE HELP!
Thank You THE SRC

Overviews are now available on our website and have been placed on the school app.

Term 1 and term 2 calendar updated on the website and school app.
DIARY DATES – 2015

Week 7– Term 1

9th March, Monday  -  Ridges AFL Trials
10th March, Tuesday -
11th March, Wednesday -  Ridges Oz Tag Trials Boys/Girls
12th March, Thursday -  Selective High School Placement Test
                        Band / Scripture
13th March, Friday    -  PSSA
                        1st Banking Day

Week 8– Term 1

16th March, Monday   -
17th March, Tuesday   -
18th March, Wednesday -
19th March, Thursday  -  Band / Scripture
20th March, Friday   -  PSSA
Zone Swimming Carnival

On 3 March, twenty-eight Kenthurst students attended Blacktown Aquatic Centre for the Ridges Zone Swimming Carnival. They were well supported by parents, grandparents, aunties, uncles and friends.

Five children made it through to the 50 mtr age finals.

They were: Jessica 8 yrs girls
Liam 8 yrs boys
Cole 10 yrs boys
Isaac 11 yrs boys
Jeremy 12 yrs boys

The children looked great in their new swimming caps and a huge congratulations to all students who attended the carnival. Their behavior was a credit to Kenthurst Public School and good sportsmanship was demonstrated throughout the day.

Mrs Murpy and Mrs Parnaby
We would like to acknowledge the outstanding achievement of Steven who has been selected in the Sydney West Tennis Team to compete at the State Carnival in Rockdale in a fortnight. To reach this level is a remarkable achievement and we are extremely proud of Steven. We wish him all the very best at the State Carnival and we know he will represent Kenthurst with pride.
EnviroMentors

On Monday 2nd March, Kenthurst Public School enjoyed a visit from Keep NSW Beautiful. Students learnt about how to minimise waste generated from food packaging. S2P have come up with some useful ideas to remember when packing lunches at home to help minimise waste.

How to pack an environmentally friendly lunch

1. Remember the 3 R’s: Reduce, Reuse and Recycle.
2. Avoid buying small single packets of food.
3. Use a reusable water bottle.
4. Try not to use plastic bags, use containers to put food into.
5. Try to use less things in your lunchbox that have to be put in the bin straight away.

By Rubie F

How to help the environment by packing a very good lunch.

1. Remember the three R’s: Reduce, Reuse and Recycle.
2. Use bottles not poppers. Buy one big bottle of juice and pour it into smaller reusable bottles.
3. Instead of going to the shops to buy packaged food, make homemade food and put it in a plastic container.
4. Use containers for lunch.
5. Try not to use plastic bags, use containers to put food in.

By Riley J

Take good care of the environment.
Science so far this year...

*Early Stage 1* are looking at Staying Alive. They have used their senses to stay alive and investigated how they feel after exercise.

*Stage 1* This term we are going to be cooks, wizards or scientists mixing and separating substances.

*Stage 2* are investigating the relationship between the Sun, Earth and moon. Here they are investigating that light travels in straight lines.

*Stage 3* are learning about circuits. On Wednesday they role played being electrons collecting energy from batteries and passing the energy to the globe to light up.
On Wednesday night the P&C held it’s AGM.

A big congratulations to all that were elected into positions:

President:   Kym Mundy
Vice Presidents: Mel Pitt & Edwina Woellner
Secretary:   Vanessa Collits
Treasurer:  Rosalie Barnes

Well done all!! And a warm welcome to all the new parents who have decided to be part of the team this year.

Each year the P&C calls out to all parents to help us with fundraising and this year is no different. Our first fundraiser is our St Patricks Jelly day on the 17th March, where students will be able to purchase a delicious jelly cup and frog for $2.

But where does all that money that the P&C raise go? The answer is simple: Straight back to the school and to your children. For example last year the P&C contributed over $10,000 so that the school could have Wi-Fi set up in every classroom, it also helped towards the purchase of the iPad’s that the students use. It was also responsible for the purchase of the amazing new playground equipment and gave $5000 towards the fantastic reading recovery program that the school has.

But in order to keep doing this we need your help, so please help out when you can! Some easy ways to help out are to be available for future events when needed such as the Mother’s Day stall, and to come along to one of our meetings, which are held the first Wednesday of the month at 7pm. So come along and help support out wonderful school.

Kenthurst Public School P & C
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BENEDICTINE MONASTERY ARCADIA
is holding their
50TH ANNUAL COUNTRY FAIR
121 Arcadia Road, Arcadia
8th March 2015

- Plants
- Sweets
- BBQ
- Choc. Wheel
- Raffles
- Tours of the Monastery - 11:00am / 12:00pm / 1:00pm / 2:00pm

- White Elephant
- Hot/Cold Drinks
- Farm Produce
- Cakes
- Fancy Goods
- Jumping Castle
- Face Painting
- Merry-go-round

MAJOR RAFFLE PRIZES
1st: $800 shopping voucher
2nd: $400 weekend away
3rd: $100 dinner for 2

- COUNTRY SETTING • FAMILY DAY
- MASS TO BEGIN 10.00AM
- FETE TO BEGIN 10.30AM
RAIN OR SHINE - TELEPHONE 02 9663 1159
benedictine.org.au/go/counrtyfair

In aid of the Benedictine Missions
The simplest way
…to make ice blocks.

Summer afternoons are hot and sticky in Australia, and kids come home from school tired and hungry. Get them eating fruit with these super easy, fruit-filled ice blocks …

Place any combo of finely diced fruit into moulds like: mango, blueberries, strawberries, watermelon, rockmelon, kiwifruit, drained canned peaches, apricots or pineapple in natural juice, or passionfruit pulp. Top with a fruit juice of your choice then freeze until solid – at least 4 hours, or overnight.

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

The Eat It To Beat It program is supported by the Western Sydney Local Health District Live Life Well @ School Program.
The simplest way
...to make a healthy afternoon tea.

Try these simple ideas for making snacks that will satisfy even the fussiest eater...

- **Home made hot chips** Slice potatoes into thin discs, and arrange on a baking tray sprayed lightly with olive oil. Grill until golden, and serve with a small amount of tomato sauce.

- **Bite sized fruit with yoghurt**
  It’s a fact- kids are more likely to eat fruit when it is cut up into small pieces. Try serving some diced fruit with some reduced-fat yoghurt. It’s a winner.

- **Vegie sticks**
  These are so easy to prepare and make a super healthy afternoon tea. Try cutting up some carrot or celery sticks and serving them with hummus.

For more information visit www.eattitoobeatit.com.au or join us at facebook.com/eattitoobeatit